

September 2019 Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Pasta & tomatoe sauce Salad & fruit	4 Beef pita Salad & fruit	5 Pizza Salad & fruit	6 Chicken & chick peas with rice Salad & fruit	7
8	9 Spaghetti & Meat sauce Salad & fruit	10 Perogies & Salad & fruit	11 Biryani & Salad fruit	12 Grilled cheese & Salad fruit	13 Meatballs in gravy w/ rice & Salad fruit	14
15	16 Chicken nuggets & rice Salad & fruit	17 Burritza & Salad & fruit	18 Beef lasagna & Salad & fruit	19 Lentil stew & pita Salad & fruit	20 Pulled chicken sandwich Salad & fruit	21
22	23 Soft beef taco & Salad & fruit	24 Mac & Cheese & Salad & fruit	25 Chicken Stew & rice Salad & fruit	26 French toast Salad & fruit	27 Sloppy Joe & Salad & fruit	28
29	30 Chicken Rotini & Salad & fruit					